




Support for Carers in Birmingham and Solihull

Carers in Birmingham

Support for:	Carer organisation	Contact details
<ul style="list-style-type: none"> • Support for all adult Carers • Specialist support for Young Adult Carers (18 -25 years) • Specialist support for dementia Carers • Specialist support for parent Carers 	Birmingham Carers Hub 	www.birminghamcarershub.org.uk info@birminghamcarershub.org.uk https://birminghamcarershub.org.uk/professional-referral/ 0333 006 9711
Young Carers (under 18 years)	Spurgeons 	https://spurgeonsyc.org/birmingham/birminghamyc@spurgeons.org 0121 638 0876
Children and adult Carers of adults with mental health needs across Birmingham	Homegroup 	www.homegroup.org.uk/bmhcss MHCarerService@homegroup.org.uk 0300 304 5530

Carers in Solihull

Support for:	Carer organisation	Contact details
<ul style="list-style-type: none"> •Young Carers (5 -18 years) •Young Adult Carers (18—25 years) •Adult Carers 26-95+ caring for an adult •Parent Carers 	Carers Trust Solihull 	https://www.solihullcarers.org/ https://www.solihullcarers.org/make-a-referral/ centre@solihullcarers.org 0121 788 1143

Carers in the UK

Support for:	Carer organisation	Contact details
Carers in England, Northern Ireland, Scotland and Wales. National membership charity for Carers	Carers UK 	www.carersuk.org info@carersuk.org 020 7378 4999